

Trauma & Acute Care Surgery Geriatric Consultation Protocol

Initiation Date: July 1, 2021

Population: Patients from the Trauma and Acute Care Surgery Services

Criteria for Geriatric consult:

1. Patient admitted or transferred to the floor on the Trauma/ACS service and meeting the following criteria:

Trauma and EGS Patients

- a. 65-79 years old with a Trauma Specific Frailty Index (TSFI) ≥ 0.27
- b. ≥ 80 years old

Procedure for consultation:

1. Patients on each service admitted during the previous day/weekend will be discussed during morning report and compiled.
2. During Morning report, each patient $\geq 65 - 79$ y/o will be reported as frail or not frail in the initial report
3. Any patient ≥ 80 will be an automatic consult to the geriatric service and should still have a documented TSFI
4. Consults will be given to geriatric team via placement on the BUMCT Geriatrics list and discussing with geriatric team by paging the service daily

Contact Numbers

Geriatric Team Pager Number: (520) 446-0716

Main contact: Karen Parker, Geriatrician, (216) 496-4627

Scoring Severity of Dementia

Mild Dementia- forgetting details of a recent event, though still remembering the event itself, repeating the same question/story and social withdrawal.

Moderate Dementia - recent memory is very impaired, even though they seemingly can remember their past life events well. They can do personal care with prompting.

Severe Dementia - Patients cannot do personal care without help

Trauma Specific Frailty Index

Table 2. Trauma Specific Frailty Index (TSFI)			
Fifteen Variable Trauma Specific Frailty Index			
Comorbidities			
Cancer history	YES (1)	No (0)	
Coronary Heart Disease	MI (1)	CABG (0.75)	PCI (0.5)
	Medication (0.25)	None (0)	
Dementia	Severe (1)	Moderate (0.5)	Mild (0.25)
	No (0)		
Daily Activities			
Help with grooming	Yes (1)	No (0)	
Help managing money	Yes (1)	No (0)	
Help doing housework	Yes (1)	No (0)	
Help toileting	Yes (1)	No (0)	
Help walking	Wheelchair (1)	Walker (0.75)	Cane (0.5)
	No (0)		
Health Attitude			
Feel less useful	Most time (1)	Sometimes (0.5)	Never (0)
Feel sad	Most time (1)	Sometimes (0.5)	Never (0)
Feel effort to do everything	Most time (1)	Sometimes (0.5)	Never (0)
Falls	Within last month (1)	Present not in last month (0.5)	None (0)
Feel lonely	Most time (1)	Sometimes (0.5)	Never (0)
Function			
Sexual active	Yes (0)	No (1)	
Nutrition			
Albumin	<3 (1)	>3 (0)	