



15 Variable Trauma Specific Frailty Index					
Comorbidities					
Cancer History	Yes (1)			No (0)	
Coronary Heart Disease	MI (1)	CABG (0.75)	PCI (0.5)	Medication (0.25)	None (0)
Dementia	Severe (1)	Moderate (0.5)		Mild (0.25)	No (0)
Daily Activities					
Help with grooming	Yes (1)			No (0)	
Help with managing money	Yes (1)			No (0)	
Help doing housework	Yes (1)			No (0)	
Help toileting					
Help walking	Wheelchair (1)	Walker (0.75)		Cane (0.5)	No (0)
Health Attitude					
Feel less useful	Most time (1)	Sometimes (0.5)		Never (0)	
Feel sad	Most time (1)	Sometimes (0.5)		Never (0)	
Feel effort to do everything	Most time (1)	Sometimes (0.5)		Never (0)	
Feel lonely	Most time (1)	Sometimes (0.5)		Never (0)	
Falls	Within last month (1)	Present not in last month (0.5)		None (0)	
Function					
Sexually active	Yes (0)			No (1)	
Nutrition					
Albumin	< 3g/dL (1)			> 3g/dL (0)	
SCORE					
SCORE	FI (Score/15)			>0.25 = Frail	